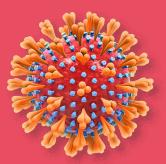
## **Coronavirus** Please don't spread it





**Social distancing** 

Most places have now closed. Everyone must stay at home. Only leave the house for

- \* Food shopping
- \* Medicine

## \* Emergencies



Stay 2 metres apart from other people



Keep away from crowded places

Keep away from anyone sick

Do not use bus, train or taxis

Get home as soon as you can



If you are ill Stay at home for 7 days If you feel worse Phone NHS 111 or visit 111.nhs.uk